Help prepare youth for disasters!



As you are planning your curriculum and program schedules, please consider incorporating disaster preparedness into them. Read below for a list of ways you can help educate students on disaster preparedness and response. For questions and advice, please contact your local police and fire departments, local and county emergency management and/or CADRE, Santa Clara County's VOAD, at https://cadresv.org/



Preparedness Events

Hosting a preparedness fair or dedicating a day, week, or month to disaster preparedness can make learning about and preparing for disasters engaging and exciting, helping engrain lifesaving disaster survival knowledge into our youth early on.

Preparedness Fairs: Hosting a fair focused on disaster preparedness is a great way to engage both youth and their families. Consider inviting your local fire and police departments, emergency management agencies, the American Red Cross, CADRE, and other disaster service agencies to host booths or present at your event.

Preparedness Day, Week, or Month: Consider having a day, week, or month dedicated to learning about and preparing for emergencies. Utilize the lists below of curriculum, activities, games, videos, and books to help set up your schedule. Consider contacting your local fire and police departments, emergency management agencies, CADRE, and the American Red Cross to provide disaster related presentations or advice.



Curriculum and Lesson Plans

Disaster preparedness information can be included in regular educational programs and curriculum through lesson plans, activities, and books.

Emergency Preparedness Curriculum

- Grades 1-2: www.ready.gov/sites/default/files/2020-08/ready emergency-preparedness-curriculum-grades-1-2.pdf
- Grades 3-5: www.ready.gov/sites/default/files/2020-08/ready_emergency-preparedness-curriculum-grades-3-5.pdf
- o Grades 3-5: www.redcross.org/get-help/how-to-prepare-for-emergencies/teaching-kids-about-emergency-preparedness/pillowcase-project.html
- Grades 4-5: https://www.ready.gov/kids/student-tools-emergency-planning-step
- o Grade 5: http://bayareauasi.org/kidsgetready/
- Grades 6-8: www.ready.gov/sites/default/files/2020-08/ready emergency-preparedness-curriculum-grades-6-8.pdf
- o Grades 9-12: https://www.ready.gov/sites/default/files/2020-08/ready_emergency-preparedness-curriculum-grades-9-12.pdf
- Fire Safety Lesson Plans for all ages:
 - https://www.nfpa.org/Public-Education/Teaching-tools/Lesson-plans
 - https://smokeybear.com/en/for-educators
- o Sea Level Rise Lesson Grades 6-12: https://oceanservice.noaa.gov/education/sea-level-rise/welcome.html
- An online library of lesson plans and books for all ages on disaster preparedness (English and Spanish): https://www.preventionweb.net/knowledge-base/type-content/school-materials

Worksheets

- Emergency Plan and Kit Homework
 - English: https://www.co.monterey.ca.us/home/showdocument?id=113440
 - Spanish: https://www.co.monterey.ca.us/home/showdocument?id=113442
- Natural Disaster Worksheets: https://kidskonnect.com/science/natural-disasters/
- Fire Prevention and Safety worksheets: https://www.sparky.org/activities
- o Fire Prevention Lesson for Pre-K to Grade 2: www.nfpa.org/Public-Education/Teaching-tools/Learn-not-to-burn
- Lightening Presentation: www.weather.gov/media/safety/Dr Lightning Guide-Victims.pdf
- Climate Change and Sustainability One Pager
 - English: https://www.co.monterey.ca.us/home/showdocument?id=113444
 - Spanish: https://www.co.monterey.ca.us/home/showdocument?id=113446
- A Guide to Climate Change: https://climatekids.nasa.gov/kids-guide-to-climate-change/

Activity Books:

- Ready Kids Activity Book: https://adacounty.id.gov/emergencymanagement/wp-content/uploads/sites/39/ReadyKids-ActivityBook.pdf
- o Ready Set Prepare Activity Book: www.norwalkct.org/DocumentCenter/View/475/Ready-Set-Prepare-Activity-Book
- Mickey & Friends Disaster Preparedness Activity Book:
 https://www.redcross.org/content/dam/redcross/atg/PDF_s/Preparedness
 Disaster Recovery/General Preparedness
 dness Recovery/Home/MM RedCross ActivityBook-English.pdf
- Ready Wrigley Activity Books for different disasters: https://www.cdc.gov/cpr/readywrigley/books.htm
- Let's get ready activity book in English and Spanish: https://sesamestreetincommunities.org/funder/pseg/
- Let's Learn to Prevent Disasters Disaster Activity Book www.unicef.cn/en/reports/lets-learn-prevent-disasters
- The Be Ready Book:
 - English: https://www.cert-la.com/downloads/education/english/BeReadyBook123.pdf
 - Spanish: https://www.cert-la.com/downloads/education/spanish/BeReadyBook123-sp.pdf
- Kids Emergency Preparedness Activity Guide: <u>www.smgov.net/uploadedFiles/Departments/OEM/Preparedness/KidsActivityGuide.pdf</u>
- Preparing with Pedro: https://www.ready.gov/sites/default/files/2019-06/prepare-with-pedro-activity-book-eng.pdf
- O What's the Plan Stan Preparedness Coloring Book https://getready.govt.nz/assets/Uploads/documents/wtps/wtps-colouring-pages-activ-en-jun21.pdf
- o Flooding Activity Book: https://www.semswa.org/wp-content/uploads/2021/05/SEMSWA Activity Book final.pdf
- Let's have fun with fire safety: www.usfa.fema.gov/downloads/pdf/publications/lets have fun with fire safety.pdf
- Lightning safety activity book: https://www.weather.gov/media/owlie-lightning.pdf
- Tsunami warning coloring book: http://itic.ioc-unesco.org/index.php?option=com_content&view=article&id=1950&Itemid=2677

Educational books on Emergency Preparedness:

- A Children's Primer on Emergency Preparedness:
 - English: https://www.cert-la.com/downloads/education/english/childbk english.pdf
 - Spanish: https://www.cert-la.com/downloads/education/spanish/childbk spanish.pdf
 - Arabic: https://www.cert-la.com/downloads/education/arabic/childbk_arabic.pdf
 - Chinese: https://www.cert-la.com/downloads/education/chinese/childbk_chinese.pdf
 - Korean: https://www.cert-la.com/downloads/education/korean/childbk korean.pdf
 - Tagalog: https://www.cert-la.com/downloads/education/tagalog/childbk_tagalog.pdf
 - Vietnamese: www.cert-la.com/downloads/education/vietnamese/childbk_vietnamese.pdf
- Julia and Robbie: The Disaster Twins: https://www.cert-la.com/downloads/education/english/AdvOfJuliaAndRobbie-TheDisasterTwins.pdf
- Without warning disaster comic books: https://digital.darkhorse.com/series/566/without-warning



Games, Websites, and Videos

Games, online activities, songs, and videos can help youth, particularly young children, engage with disaster preparedness in a fun and non-threatening way.

Free online games

- O Disaster Master is an online game that allows children to test their know-how in a wide range of emergencies https://www.ready.gov/kids/games/data/dm-english/index.html
- Build a Kit online game teaches children how to build an emergency kit <u>https://www.ready.gov/kids/games/data/bak-english/index.html</u>
- Disaster Hero is an online game designed to teach children (grades 1 through 8) how to prepare for disasters.
 https://games4sustainability.org/gamepedia/disaster-hero/
- o Preparedness Jeopardy online game https://jeopardylabs.com/play/prep-pardy-a-preparedness-game
- What's the Plan Stan is an online game that teaches children how to respond to different disasters https://getready.govt.nz/prepared/school/whats-the-plan-stan/
- Disaster Detector is an online game that teaches players how to detect and mitigate different disasters https://ssec.si.edu/disaster-detector
- Stop Disaster is an online game that teaches players about preparing for and mitigating different types of disasters https://www.stopdisastersgame.org/
- Earthquake Game is a downloadable game that teaches players how to prepare for and survive an earthquake https://public.iema.state.il.us/webdocs/earthquakegame/Welcome.html
- Fire Safety games for young children: https://nationalfiresafetycouncil.org/4kids/

Board and card games

- Ready 2 Help is a card game that helps youth ages 8 and up understand how they can help in emergency situations. https://www.ready.gov/kids/ready-2-help
- Game of Floods is a board game that puts you in charge of planning for sea level rise. Two versions are available:
 a <u>downloadable PDF</u> that requires printing/cutting of game pieces and another for purchase through <u>Game Crafters</u>.
- The Hungrier Games disaster resilience activity for high school students https://www.rand.org/pubs/tools/TL164.html

Websites

- General Preparedness website: https://www.ready.gov/kids
- o Disaster Preparedness online activities: https://ymiclassroom.com/video/redcross/online-activities/index.html
- Disaster science information: https://www.weatherwizkids.com/
- Website for preparing young children: https://pbskids.org/learn/when-something-scary-happens/
- Fire Safety Websites:
 - https://sparkyschoolhouse.org/
 - https://www.smokeybear.com/

Videos and Songs

- FEMA's "Disaster Dodgers" short preparedness videos: https://www.youtube.com/watch?v=TbzvomQYJpE
- Peekaboo Kidz short videos "The Dr. Binocs Show: Natural Disaster compilation": https://www.youtube.com/watch?v=HaEmlakO7f4&t=382s
- Prepare with Pedro Kid's Prep short videos:
 - English: www.youtube.com/playlist?list=PLeC8i7LdqNerWoXAcbjkINI883tjRim1K
 - Spanish: https://www.youtube.com/playlist?list=PLeC8i7LdqNertT9Ei8AXFhhEzehp110oN
- Let's get ready short prep videos in English and Spanish: https://sesamestreetincommunities.org/funder/pseg/
- Earthquake response song: "Drop. Cover. Hold On! Get Disaster Prepared with AAA" https://www.youtube.com/watch?v=W_COozCccZA
- Earthquake safety dance: https://www.youtube.com/watch?v=xFVmFNQ2ves
- Short video on flooding science: https://www.youtube.com/watch?v=udRNUBHbE0o&t=115s
- Short video on landslide science: https://www.youtube.com/watch?v=N-gXK72VMWs
- Fire Safety short video: https://www.youtube.com/watch?v=80VHhkqpZf8
- Disaster survival full length shows:
 - o The Paramount Network's "Surviving Disaster" (Buy or watch on cable)
 - The Weather Channel's "So you think you'd survive?" (Buy or watch on cable)



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