Recommended EOC Staff Personal Go Kit

This list includes suggestions to be included in Go-Kits to help inspire you to build the kit that meets your specific needs.

EOC	Function	Supplies
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- Cell phone and car charger
- Clipboard
- □ Contact phone numbers (vendors, colleagues, city/county/EOC counterparts)
- Digital camera (optional)
- Documents (policies, procedures, regulations)
- □ Emergency Plan checklists and other reference documents (hard copy or on a thumb drive)
- □ Forms ICS 214 (Unit log), supply requests, other job specific items
- GETS card
- □ Laptop (optional)
- □ Maps Site, City, County, Utilities, etc
- Pad of paper and office supplies
- Anything you would need to perform your function if you could not get into the building
- Note: Any forms/maps, etc that are in your go-kit can also be stored in the EOC and mobile command post.

Personal Emergency Supplies (Everyone must have the first 5 items, the rest are your own personal choice and are presented here for consideration)

- □ 16 oz water
- Radio/batteries
- □ Snacks (ex. dried fruit, nuts, juice boxes, granola bars, other high calorie snacks need 2400 calories per day)
- First Aid Kit (personal) Include headache medicine, antacids, Chapstick, decongestants / etc.)
- □ Flashlight extra batteries
- Extra clothing for warm or cool weather (see suggestions below)
- Eye protection / Ear protection
- □ Hand sanitizer (2 oz)
- Hat & Hard Hat (If anticipated field assignment)
- □ ID / Drivers License / Money (paper and coin \$25)/ Credit Card
- □ Insect repellent
- Leather work gloves
- Map of local area
- Matches in waterproof case
- □ Medical Gloves non-latex (2)
- N95 mask (2)
- □ Prescription Medications 3 day supply (and list of medications used)
- □ Rain gear (33 gallon garbage bag will work)
- Reading materials/entertainment
- □ Toilet paper (small roll or Kleenex travel pack)
- Sunglasses / Extra eyeglasses
- Sunscreen
- Toothbrush, toothpaste, deodorant, wash cloth or wipes, personal items
- Utility Knife
- □ Vehicle fueled 1/2 full at all times

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Whistle 1. Label ALL your equipment with your name and address!!!! 2. If packing several days worth of clothing, consider packing each day in a separate ziplock bag for easy retrieval 3. Pack water and other "leaking" items in ziplock bags

Clothing Suggestions:

Watch or clock

- Sleeping bag / inflatable pillow
- Weather dependent: Always pack long pant, long sleeve shirts (light or heavy weight), Tshirts, jackets, hooded sweatshirt, long underwear, insulated gloves
- □ Work or hiking boots that provide ankle support (if field assignment expected) otherwise, comfortable lace-up shoes and EXTRA SOCKS
- Trouser belt
- Underwear

Additional Needed Supplies for all members (if you have a vehicle bring extra items)

Everything you have at your house that might be helpful at the EOC including:

- AA and D Batteries
- Cases of water
- Compass or GPS
- Folding chair
- Food that can be prepared on a small propane stove
- Fresh fruit
- Other non-perishable food (canned or otherwise)
- □ Ice in an ice chest
- Jumper cables
- Road flares